

RICE COUNTY HEALTH DEPARTMENT

JANUARY 2022 UPDATED COVID GUIDELINES



Public Health
Prevent. Promote. Protect.

IF YOU TESTED POSITIVE FOR COVID:

ISOLATE

EVERYONE, REGARDLESS OF VACCINATION STATUS:

- Stay home for at least 5 days.
- Stay home as long as you have symptoms. If you have a fever, continue to stay home until your fever resolves.
- If you have no symptoms or your symptoms resolve, you can leave your house after a minimum of 5 days of isolation.
- Continue to wear a mask around others for 5 additional days after you leave isolation.

IF YOU HAVE BEEN EXPOSED TO COVID:

QUARANTINE PROCEDURES

IF YOU ARE VACCINATED:

IF YOU: Have been boosted

OR

Completed the primary series of Pfizer
or Moderna vaccine within the last 6 months

OR

Completed the primary series of J&J
vaccine within the last 2 months

YOU SHOULD:

- Wear a mask around others for 10 days.
- Test on day 5, if possible.
- If you develop symptoms at any time, get tested and stay home.

IF YOU ARE NOT FULLY VACCINATED:

IF YOU: Completed the primary series of
Pfizer or Moderna vaccine more than 6
months ago, and are not boosted

OR

Completed the primary series of J&J more
than 2 months ago and are not boosted

OR

Are unvaccinated

YOU SHOULD:

- Stay home for 5 days.
- Wear a mask around others for 10 days.
- Test on day 5, if possible.
- If you develop symptoms at any time, get tested and stay home.

*Please note: these guidelines are not for healthcare workers, school-aged children, or people living in congregate settings.