



**WABASHA COUNTY**  
**DEPARTMENT OF SOCIAL SERVICES**  
**Wabasha County Services Building**  
**411 Hiawatha Drive E.**  
**Wabasha, MN 55981-1573,**  
**Telephone: 651-565-3351**  
**Toll Free: 888-315-8815**  
**FAX: 651-565-3084**

## Community Resource Booklet

### After Hours/Crisis:

Crisis Hotline \_\_\_\_\_ (844)274-7472  
Domestic Violence Hotline \_\_\_\_\_ |(-800)799-7233  
Domestic Violence Hotline (Spanish) \_\_\_\_\_, 1(800)942-6908  
Gender Based Violence Hotline \_\_\_\_\_ (507)457-5610  
National Suicide Prevention Hotline \_\_\_\_\_, 1(800)273-TALK (8255)  
Poison Control \_\_\_\_\_ 1(800)222-1222  
Victim Services- Sexual Assault Program \_\_\_\_\_ (507)289-0636

### Child Care Resources:

Families First of Minnesota-126 Woodlake Dr. SE Rochester, MN \_\_\_\_\_ (507)287-2020 (or)  
(800)462-1600  
Wabasha County Social Services-Day Care Assistance \_\_\_\_\_ (651)565-3351  
Wabasha County Social Services Child Care Licensing \_\_\_\_\_ (651)565-3351

### Clothing/Household Needs:

Annadee's Closet- 321 Potter St. Red Wing, MN \_\_\_\_\_ : \_\_\_\_\_ (651)388-7031

- Hours: Tues-Fri: 10a.m.-5p.m., Sat: 10a.m.-2p.m.

Children's Exchange-1249 Marion Road SE Rochester, MN \_\_\_\_\_ (507)289-6637

- Hours: Mon-Fri: 9a.m.-8p.m., Sat: 9a.m.-5p.m., Sun: 11a.m.-5p.m.

Common Closet Thrift Store- 154 Pembroke Ave South Wabasha, MN \_\_\_\_\_ : (651)565-0379

- Hours- Wed: 12p.m.-6p.m., Thurs-Fri: 10a. -4-p.m., Sat: 10a.m.-2p.m.

Community Clothesline-SOS W Broadway Plainview, MN.....(507)534-2298

- **Hours Thurs: 1p.m.-7p.m.**

Goodwill:

- 1987 Scott Rd.NW Rochester, M N .....(507 ) 424- 1860
  - Hours: M on-Fri: 9a.m.-9p.m., Sat: 9a.m.-6p.m., Sun: 11a.m.-6p.m.
- 239 28<sup>th</sup> St. SE Rochester, MN.....(507)281-9651
  - Hours: Mon-Fri: 9a.m.-9p.m., Sat: 9a.m.-6p.m., Sun: 11a.m.-6p.m.
- 1450 Gilmore Ave Winona, MN.....(507)454-4817
  - Hours: Mon-Fri: 9a.m.-9p.m., Sat: 9a.m.-6p.m., Sun: 11a.m.:ifip:m.

Grace Place - 66 East 2<sup>nd</sup> St Winona, MN.....(507)452-2283

- Hours: Mon-Fri: 10a.m.-Sp.m., Sat: 10a. m.-2p.m.

Hometown Resource Center- 1244 Whitewater Ave, St. Charles, M N.....(S07)932-5203

- Hours: Mon-Fri: 9a.m.-4:30p.m.

Once Upon A Child- 1111 Civic Center Dr. NW Rochester, MN.....(507)252-5090

- Hours : Mon-Sat: 9:30a.m.-8p.m., Sun: 11a.m.-6p.m.

Pass It On Restore Habitat for Humanity- 118 N Oak St. Lake City, MN.....(651) 345-4901

- Hours - Mon: 10a.m.-4p.m., Thurs: Sp.m.-8p.m., Sat: 9a.m.-12p .m.

Salvation Army

- Red Win - 509 Plum St.....(651)388-9270
  - Hours: Mon-Fri: 9a.m.-6p.m. , Sat: 9a.m.-Sp.m.
- Rochester- 2019<sup>th</sup> St. SE..... (507)281-1561
  - Hours: Mon-Fri: 9a.m.-6p.m. , Sat: IO a.m.-S p.m.
- Rochester- 4921 W Frontage Rd..... (507)258-6555
  - Hours: M on-Fri: 10a.m.-6p.m., Sat: 9a.m.-Sp.m.
- <sup>11</sup> Winona- 1443 W. Service Dr.....(507)474-2400
  - Hours: Mon-Fri: 9a.m.-9p.m., Sat: 9a.m.-Sp.m.

Savers-1201 South Broadway, Suite B Rochester, MN.....(507)536-2564

- **Hours: Mon-Sat: 9a.m.- 9p.m., su-n: 10 a.m.-7p.m.**

Winona Volunteer Services Clothes Shop- 402 East Second St. Winona, MN.....(507)452-9951

- <sup>11</sup> Hours: Mon-Fri: 9a.m.-p.m., Sat: 10a.m.-lp.m.

**Disability Assistance:**

Ability Building Center (ABC)-

Rochest er- 1911 14<sup>th</sup> St NW.....(507)281 .-6262 .

- ARC Southeastern Minnesota-6301Bandel Road NW Suite 605 Rochester, MN.....(507)287-203°2,  
Disability Hub M N-disabilityhub.mn.org.....1(866)333-2466  
Great River Homes- 611 Broadway Ave Suite 105 Wabasha, MN.....(651)565-4884
- Hiawatha Mental Health Center
- Wabasha- 611 Broadway Ave.....(651)565-2234  
    Winona-120 E Sarnia St.....(507)454-4341
- Hiawatha Valley Education District- www.info@hved.org.....(507)452-1200  
SEMCIL- :2200 2<sup>nd</sup> St SW Rochester, MN.....(507)285-1815
- Social Security Administration-
- Winona-53 East Third St Suite 204 Winona, MN.....1(800)772-1213  
    Rochester-2443 Clare Lane NE Suite 100 Rochester, MN.....(877)405-3631
- Wabasha County DAC- 611 Broadway Ave. Suite 110.....(651)565-3612  
Winona DAC-1721 W Service Dr.....(507)452-1798
- Winona ORC Industries-Job Development for Disabled Persons-
- 1053 East Mark St. Winona, MN.....(507)452-1855
- Work Incentives Connection: How working affects disability benefits
- [www.mnworkincentives.com](http://www.mnworkincentives.com)...../(651)632-5113 (or)  
1(800)976-6728

**Employment Assistance:**

- Adult Basic Education/Career Readiness Class.....(651)565-3559
- Choices of SEMN Displaced Homemaker Program-
- 1926 Collegeview Rd. E, Rochester, MN.....(507)280-5517
- Experience Works (adults 55+):
- 310 Belvidere Ave, Kellog , MN.....(507)767-2253
  - 160 Johnson St., Winona, MN.....(507)452-9018
- Express Personnel-
- Re(j)l Wing-910 Main Suite 101.....(651)388-6331  
    Rochester-2518 North Broadwav.....(507)285-1616  
    Winona- 1600 Gilmore Ave.....(507)457-3311
- Kelly Service.....(507)282-1584

Manpower-2746 Superior Dr. NW Suite 320.....(507)285-0710

People Ready 394 Elton Hills Dr NW, Rochester, MN..... (507)286-1064

Workforce Development

Red Wing- 1606 West Third Street.....(651)385-6402

Rochester- 2070 College View Road East..... (507)292-5152

Wabasha-222 West Main St. (651)56 5-2635

**Food Resources:** \* if hours don't work, call for appointment

Berean Community Church- 3157 Kenosha Dr NW Rochester, MN.....1(507)289-4179

Channel One Food Shelf-131 35<sup>th</sup> St . Rochester, MN.....(507)287-2350

- Hours: Mon-Thurs: 8a.m.-5p.m., Fri: 8a.m.-11:45a.m.

Mom's Meals- www.momsmeals.com..... 1(877)508-6067

Lake City Food Shelf- 600 S. 8<sup>th</sup> St.....(651)345 -5888

- Hours : Tues: 1p.m.-3p.m. Thurs: 9a.m. -11a.m.

Plainview -Elgin Area Food Shelf-25 East Main, Elgin, MN.....(507)876-0112

- **Hours- Wed: 10:30a.m.-5p.m.**

Red Wing Food Shelf-1755 Old West Main Street, Red Wing, MN.....(651)388-9302

- Hours : Tues/Thurs: 4p.m.-6p.m., Fri: 11a.m.-1p.m.

St. Charles Food Shelf- 1244 Whitewater Ave..... (507)932 -5203

- Hours: Mon-Fri: 9a.m.-4:30a.m.

Three Rivers Community Action (Meals on Wheels).....1(800)277-8418

Wabasha-Kellogg Food Shelf- 1200 5<sup>th</sup> Grant Blvd Wabasha, MN..... (651) 565-5667

- Hours- Mon: 1p.m.-4p.m., Thurs : 9a.m.-12p.m.

Women, Infant , Children Program (WIC)-

411 Hiawatha Dr. E Wabasha, MN ..... (651)565-5200

Winona Volunteer Services Food Shelf- 402 East Second St. Winona, MN.....(507)452-5591

- Hours: Mon-Wed: 9a.m.-5p.m., Thurs: 9a.m.-6p.m., Fri 10a.m.-5p.m., Sat: 10a.m.-1p.m.

Zumbro Valley Food Shelf: 56817 Hwy 63 Zumbro Falls, MN.....(507)259-1442

- **Hours- Tues: 11a.m.-5p.m. Thurs: 11a.m.-6p.m.**

**Housing Assistance:**

· Foreclosure Prevention-

Website-www.mnhousing.gov..... (651)296-7608 (or)  
1(800)657-3769

Salvation Army- 20 First Ave NE Rochester, MN.....(507)288-3663

· Southeastern Minnesota Multi-County Housing and Redevelopment Authority-

www.semmchra.org- 134 East 2<sup>nd</sup> St. Wabasha, MN.....(651)565 -2638

Three Rivers Community Action.....(507)316-0610

- Faribault Office-Hours: Mon-Fri: 8 a.m-4 p.m  
Address: 201 South Lyndale Avenue, Faribault, MN
- Wabasha Office-Hours: Mon-Fri: 8 a.m-12 p.m  
Address: 611 Broadway Ave,-Wabasha, MN
- Zumbrota Office-Hours: Mon-Fri: 7:30 a.m-4 p.m  
Address: 1414 North Star Drive, Zumbrota, MN

USDA Rural Development: 1400 Cannon Cir, Faribault, MN.....(507)334-2206

**Legal Assistance:**

Attorney General Office.....1(800)657-3787

Civil Rights.....1(800)657-3704

Law Help Minnesota- www.lawhelpmn.org

Southern Minnesota Regional Legal Services

Rochester- 903 West Center St. Suite 230..... (507)292-0080

Rochester- 2500 Valleyhigh Dr. NW..... (507)2895960

Winona- 66 East Third St Suite 204..... 1(507)454-6660 (or)  
1(888)575-2954

United Way 211.....211/ (800)5 43-7709

**Medical Services:**

Bridges Health Clinic..... (507)457-5129

- 251 Main St Winona, MN, Thursday 1p.m.-4p.m.
- 402 E 2<sup>nd</sup> St Winona, MN, Thursday 2p.m.-5p.m.
- 69 E 3<sup>rd</sup> St Winona, MN, Thursday 6:30p.m.-8:30p.m.

Community Health Services Inc- 1926 College View Rd SE Rochester, MN.....(507)529-0503

Good Samaritan Medical Clinic- 120 North Broadway Suite B Rochester, MN.....(507)529 -4100

Mayo Express Care Clinic- Rochester

North..... .4221 West Circle Drive NW Rochester, MN

South.....-. 500 Crossroads Dr. SW Rochester, MN

Minnesota Information & Referral Website- www .minnesotahelp.info

NACO Prescription Drug Program.....(877)321-2652

www .naco rx.org

OMC FastCare Rochester Shopko Stores

North -3708 Hwy 63 N Rochester, MN..... (507)292 -7009

South-2820 South Broadway Rochester, MN.....(507)292-7009

Prescription help- St. Elizabeth's Hospital- Wabasha, MN.....(651)565-4531

SEMCAC Clinic- 76 W 3<sup>rd</sup> St, Winona, MN.....(507)452-4307

St. Elizabeth's Medical Center and Emergency Room.....(651)565 -4531

St. Elizabeth's Urgent Care In Wabasha.....(651)565-5536

Wabasha County Public Health- 411 Hiawatha Ave E Wabasha, MN.....(651)565 -5200

Winona County Community Care Clinic.....(507)457-7645

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**Dental Service:**

Apple Tree Dental - 973 Skyline Dr. SW Rochester, MN.....(507)424-1040

Community Dental - 1926 Collegeview Road SE Rochester, MN .....(507)258 -4046

Community Dental Care Eastwood- 2120 US-14 Rochester, MN.....(507)2587934

Family Dentist Tree -1011 Bel Air Ln NW Rochester, MN.....(507)288 -1188

Good Samaritan Dental Clinic- 120 North Broadway Suite B Rochester, MN.....(507)529-4100

Schoen Family Dentistry- 257 M in St W Wabasha, MN.....(651)565 -4647

South County Health Alliance- Dentaquest.....1(800)516-2940

UCare- www.ucare.org/ dentalcareforum/ pages/ default. aspx... 1(800)235-0564

**Mental Health:**

**Red Wing:**

Comprehensive Behavioral Health Services .....(651) 388- 0051

Fairview Red Wing Behaviora I Health.....(651)385°3260  
 Fernbrook..... (651)-212-7429  
 Hiawatha Mental Health Center .....(651)327-2270  
 Katheryn Zoff-Seivert.....(651)388 -6459  
 Possibilities Therapeutic Services.....(651)301-1369

**Rochester:**

ABC Therapy.....(507)536-7662  
 Associates in sychiatry and Psychology..... (50 7)288-8544.  
 Bluestem Center..... (507)282-1009  
 Compassion Counseling Center..... :.....(507)208-8822  
 Family Service Rochester..... (507)287-2010  
 Highland Meadows.....(507)288-6978  
 Lutheran Social Services of Minnesota.....(507)316-8273  
 Mayo Clinic Psychiatrv .....(50 7)266 -5100  
 NAMI Southeast Minnesota.....(507)287-1692  
 Nystrom & Associates..... (50 7)516-0030-  
 Olmsted Medical Center..... (507)288-3443  
 Salvation Army Good Samaritan Clinic.....(507)529-4100  
 Transitions.....(507)288-5818  
 Zumbro Valley Health Center.....(507)289 -2089

**Wabasha:**

Hiawatha Valley Mental Health Center.....(651)565-2234

**Winona:**

Counseling Associates..... (507)452-5033  
 Family and Children's Center.....(507)453-9563  
 Hiawatha Valley Mental Health Center.....(507)454-4341  
 Winona Counsel(ng Cliric..... (507)454-3900

**Zumbrota:**

Covered Bridge Family Resources.....(507)732-413 6

**Senior Adult Assistance:**

Catholic Charities MediAPPS- Prescription Drug Assistance.....(507)454-2270

**Elder Network:**

- Rochester: 1130 1/2 <sup>th</sup> St NW.....(507)285-5272
- Winona: 51 W 4 <sup>th</sup> St.....(507)452-0580

Mom's Meals- www.momsmeals.com.....1(877)508-6667

**Meals on Wheels:**

- Lake City.....(651)345-1186
- Plainview/Elgin.....(507)534-3191 ext. 4
- Wabasha/Mazeppa.....(800)277-8418

**SEMCA Senior Dining**

Lake City- 221 N. Franklin St.....(651)345-5977

Red Wing- 440 W 5<sup>th</sup> St.....(651)388-9875

St. Charles- 830 Whitewater Ave.....(507)932-4072

Wabasha- 730 W. 6<sup>th</sup> St.....(507)459-5766

Winona- 165 E 4<sup>th</sup> St or 104 Main St.....(507)429-4211

Zumbrota- 93 E 4<sup>th</sup> St.....(507)732-5086

Senior Linkage Line/prescription Drug Help.....1(800)333-2433

Senior Citizens Legal Service- 66 East 3<sup>rd</sup> St Suite 204 Winona, MN.....(507)454-6660

**Social Security Administration-**

Winona-53 East Third St Suite 204 Winona, MN.....1(800)772-1213

Rochester-2443 Clare Lane NE Suite 100 Rochester, MN.....(877)405-3631

Live Well At Home- www.mnlivewellathome.org

Senior Center Rochester 125 LIVE.....(507)287-1404

**Transportation Assistance:**

All new Directions, Inc (assisted transportation only).....(507)218-8382



Alternative Transportation.....(507)289-2012  
 Blue Ride (members with Blue PlusL..... 1(866)340-8648  
 Handi Van.....(507)3600 (or)  
 1(877)281-2672  
 Hiawatha land Tra nsit.....1(866)623 -7505  
 Olmsted County Volunteer Drivers..... (507)328-6400  
 Rand S Transpor(.....(507)289-5080  
 Rochester Bus Companv..... (507)289-8950  
 SEMCAC transportation {48 hr notice needed).....1(80.0)528-2432  
 South Country Health Alliance Ride Connect.....1(866)-567-4817  
 Sunset Mobility (assisted transportation only).....(507)322-8055  
 Vantastic Transit.....(507)- 272-4901

**UCARE Transportation**

Call Health Ride: 612-676-6830 or  
 1-800-864-2157 toll free  
 or  
 Call Customer Services: 612-676-3200 or  
 1-800-203-7225 toll free

ZIPs (Zumbro Independent Passenger Services)..... (507)288-8404

**Utility Assistance :**

FreePhoneM N..... Websit e- [www.freephonemn.org](http://www.freephonemn.org)  
 Minnesota Telephone Service Discount Program .....1(800)657-3782  
 Salvation Army Heat Share.....1(888)999-1567  
 Three Rivers Community Action (Energy Assistance Program).....(507)316-0610  
 (Services Faribault; Wabasha, and Winona)

**Veterans Services:**

M N. Dept. of Veteran Affairs.....htp s:// mn.gov/ mdva  
 Wabasha County Veteran Services.....(651)565-3864  
 Vet er ans Affairs Medical Center M inne apoli s- [www.minneapolis.va.gov](http://www.minneapolis.va.gov).....(612)725-2000 (or)

(866)414-5058

Veterans Affairs Rochester (507) 252-0885

Veteran Linkage Line (888)LINKVET (or) (888)(546-5838)

Federal VA Regional Office (800)827-1000

**Recovery Resources:**

**Common Ground**

- 1027 7th Street NW, Suite 207, Rochester, MN 55901 (507) 281-0023
- 174 Main St., Winona, MN 55987 (507) 281-0023
- 111 Hill St., Red Wing, MN 55066 (507) 281-0023

**Empower**

- 602 11th Avenue NW #300, Rochester, MN 55901 (507)292-1379
- 848 17<sup>th</sup> St E #5, Wabasha, MN (507)292-1379

**Fountain Centers**

- 408 W. Fountain St., Albert Lea, MN 56007 (507) 377-6411 (or) 800-533-1616 (toll free)
- 101 14<sup>th</sup> Street NW, Austin, MN 55912 (507)434-1890

**Gables**

- 604 5th Street SW, Rochester, MN 55902 (507)282-2500 (locally) (or) 1-800-GABLES-O

**MN Adult and Teen Challenge**

- 1530 Assisi Dr NW, Rochester, MN 55901 (507)218-3440

**Recovery is Happening**

- 25 16th St. NE, Rochester, MN 55306 (507)218-4773

**Other:**

Haven of Hope, Domestic Violence Hotline (800)369-5214

Hope Coalition Sexual Assault Hotline (800)519-6690

Reporting Child Maltreatment (Wabasha County) (651)565-3351

Reporting Vulnerable Adult Maltreatment (844)880-1574

Online Form: [www.itll.org/yh/r.P.n?9JJ?Q?/](http://www.itll.org/yh/r.P.n?9JJ?Q?/)

Woman's Advocate (651)227-9966